

ORDER FORM

# Easy **FREEZER MEALS Class**

**Hy-Vee EAST MARKET GRILLE – 120 E. Norfolk**

**Wednesday, June 5<sup>th</sup>**

**5:30-7:00 p.m. -OR- 6:30-8:00 p.m.**

**(CIRCLE preference)**

**What can you expect from us?**

- Set up – All your groceries will be shopped for and ready to go for you to assemble each meal that you choose (see box below); no limit on the meals you choose.
- Recipe and instructions & ingredients will be provided for assembling and for cooking.
- All ingredients will be washed, sautéed, etc. in advance for each recipe; some cutting and cooking may be expected on your part.
- Then assemble and dish up the meals into serving/freezer-ready containers or bags (provided).
- No Clean up needed ☺ – Leave the clean-up to us! Really!

**What do you need to do?**

- ❖ Bring something to take your meals home in – i.e. cooler on wheels, laundry basket, plastic tote, box, etc. Make sure you bring ice packs if you can't freeze right away.
- ❖ Assemble your meals at the meal-building stations as directed.
- ❖ Invite your friends to sign up! Plan to have FUN assembling your meals together!

**Please choose a minimum of THREE meals; any combination. Price listed is per meal. \*\***

**Each meal will serve approximately 4 people unless otherwise specified.** \*Gluten Free or dairy free available, by special request.

- BBQ Pulled Pork Sliders (1 ½ lbs pork) Slow Cooker; Easy meal for busy week! Serves 4-6* \_\_ @ \$18 = \_\_
- Santa Fe Chicken w/ Tortillas; Slow Cooker; Perfect for taco salads or burrito/rice bowls; Serves 4* \_\_ @ \$17 = \_\_
- Chinese Broccoli Beef over Brown Rice; Slow cooker; Long-time favorite! Serves 4* \_\_ @ \$18 = \_\_
- Vegetarian Spinach-Pesto Lasagna; Oven baked; Flavorful! Serves 5-6* \_\_ @ \$17 = \_\_
- Chicken Cordon-Bleu Casserole; Oven baked; Yummy Chicken, Ham & Swiss Cheese! Serves 4-5* \_\_ @ \$18 = \_\_

(One-of-each meal = \$ 88 plus 7% Tax)

Please add 7% service sales tax before totaling: Tax \_\_\_\_\_

Method of payment: *Circle one*

**Total Due: \$ \_\_\_\_\_**

Check\_\_ CC\_\_ Cash\_\_

**\*\* Please pay at Hy-Vee customer service at location *where class will be held* \*\***

Name: \_\_\_\_\_ Are you bringing a helper/Guest? Name: \_\_\_\_\_

Phone: \_\_\_\_\_ EMAIL \_\_\_\_\_ If want reminder of next class ☺

**\*\* Full Payment due at time of registration at location of Class \*\***

**Registration deadline: Sunday- 8 p.m. – JUNE 2nd at Hy-Vee EAST**

**SPACE LIMITED – Register Early!**

**Questions about any of the recipes? Ask Joan [jdavis@hy-vee.com](mailto:jdavis@hy-vee.com) or 402-379-1706**